

PreK-Grade 8

APRIL 2018 Child Nutrition Program



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| <p>2</p> <p>Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>3</p> <p><u>Taco Tuesday</u> *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>4</p> <p><u>Italian Day</u> Chicken Parmigiana On Slider Roll Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk</p> | <p>5</p> <p>Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>6</p> <p>Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> |
| <p>9</p> <p>Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>10</p> <p><u>Taco Tuesday</u> *Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>11</p> <p><u>Asian Day</u> BBQ Teriyaki Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk</p> | <p>12</p> <p>Chicken Smackers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>13</p> <p>Potato Crusted Fish Patty on Slider Roll Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> |
| <p>16</p> <p>Three- Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>17</p> <p><u>Taco Tuesday</u> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p> | <p>18</p> <p><u>Build Your Own Burger</u> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>19</p> <p>*Pork Meatballs & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>20</p> <p> Cheese Pizza Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> |
| <p>23</p> <p>Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>24</p> <p>Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>25</p> <p>Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk</p> | <p>26</p> <p>Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | <p>27</p> <p><u>Try Something New</u> Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk</p> |
| <p>30</p> <p>Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk</p> | | | | |

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
A side salad (1 cup) of leafy dark green vegetable is offered daily.
½ cup Fresh Fruit options will be offered daily
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
PreK-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
K-8 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.
***=pork item will be substituted with a non-pork item to equate meat/meat alternative**

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Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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