



LUNCH MENU – JANUARY, 2012

FOOD ALLERGIES? If you have allergies, please speak to the owner, manager, chef or your server

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/9	1/10	1/11	1/12	1/13
Spaghetti & Meatballs Green Beans Whole Wheat Bread Peaches Milk	Chicken Tenders Sweet Potato Fries Ketchup Pears Chocolate Milk	Sloppy Joe on a Bun Mixed Vegetables Mandarin Oranges Milk	Turkey Roast Mashed Potato & Gravy Biscuit Fruit Cocktail Chocolate Milk	Whole Wheat Pizza Fresh Garden Salad W/Dressing Fresh Fruit Milk
1/16	1/17	1/18	1/19	1/20
Martin Luther King Day Holiday 	Fettucini Alfredo Green Peas Fruit Cocktail Chocolate Milk	Chicken Sticks Ketchup Whole Wheat Bread Carrots Applesauce Milk	Baked Ham w/Pineapples Sweet Potatoes Dinner Roll Chocolate Milk	French Bread Pizza Fresh Garden Salad W/Dressing Fresh Fruit Milk
1/23	1/24	1/25	1/26	1/27
Salisbury Steak or Meatloaf Mashed Potato w/Gravy Whole Wheat Bread Peaches Milk	Turkey Salad on a Kaiser Roll Three Bean Salad Mandarin Oranges Chocolate Milk	Cheeseburger on a Bun French Fries Ketchup (2) Pears Milk	Manager's Special 	5" Round Pizza Fresh Garden Salad W/Dressing Fresh Fruit Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/30	1/31	2/1	2/2	2/3
Macaroni & Cheese Green Beans Pears Milk	Turkey Chili Over Rice Corn Fruit Cocktail Chocolate Milk	Chicken Patty on a Bun W/Mayonnaise Carrots Applesauce Milk	Tortilla Wrap Pork Taco Filling Shredded Mozzarella Shredded Lettuce Salsa Peaches Chocolate Milk	Tuna Salad Sandwich On a Hero Roll Carrot Sticks Fresh Fruit Milk

SPECIAL NOTES:

- With the winter weather please be sure to always have emergency peanut butter, jelly, bread, juice & cheese
- Peanut Butter & Jelly sandwich or Cheese sandwich is offered at all schools as an alternate meal.
- All Chocolate milk is low fat.
- All Deli Style cold cuts must be sliced to a _ oz portion.

MANAGERS SPECIAL: 1/26

1. 2 OZ. Protein
6 oz. Fruit and/or Vegetable
* Bread (must be called in three days in advance)
* Managers Special should consist of odds and ends in the freezer
Example: 25 chicken patties, 25 hamburger patties, make up the difference with Peanut Butter & Jelly sandwiches
2. If you need a menu for Managers Special, call the Child Nutrition Office by